



FRUIT AND VEGGIE
PASSPORT



THE PRODUCE
MOMS

PRINT YOUR NAME HERE:

How to Complete Your Fruit and Veggie Passport

1. Many fruits and vegetables are labeled with stickers. When you try a new fruit or vegetable, take that sticker off of your produce, and add it to this book! Only add a sticker to your Passport if you have eaten that fruit or vegetable yourself. Use tape or glue to make sure your sticker stays in place.
2. If the fruit or vegetable you've eaten doesn't have a sticker, you can fill in that sticker's spot with a marker or gold star sticker.
3. Once your entire Passport is completed, fill out your Produce Passport Certificate on the last page.





APPLES

PLACE
STICKER
HERE

TOMATOES

PLACE
STICKER
HERE

GRAPES

PLACE
STICKER
HERE

BANANAS

PLACE
STICKER
HERE

POTATOES

PLACE
STICKER
HERE



PLACE
STICKER
HERE

STRAWBERRIES

PLACE
STICKER
HERE

AVOCADOS

PLACE
STICKER
HERE

ONIONS

PLACE
STICKER
HERE

BELL PEPPERS

PLACE
STICKER
HERE

WATERMELON



LETTUCE

PLACE
STICKER
HERE

BLUEBERRIES

PLACE
STICKER
HERE

ROMAINE

PLACE
STICKER
HERE

CARROTS

PLACE
STICKER
HERE

ORANGES

PLACE
STICKER
HERE



PLACE
STICKER
HERE

MUSHROOMS

PLACE
STICKER
HERE

SALAD MIX

PLACE
STICKER
HERE

CUCUMBERS

PLACE
STICKER
HERE

BROCCOLI

PLACE
STICKER
HERE

PINEAPPLES



SQUASH

PLACE
STICKER
HERE

RASPBERRIES

PLACE
STICKER
HERE

CHERRIES

PLACE
STICKER
HERE

ASPARAGUS

PLACE
STICKER
HERE

CELERY

PLACE
STICKER
HERE



PLACE
STICKER
HERE

CANTALOUPE

PLACE
STICKER
HERE

LEMONS

PLACE
STICKER
HERE

SPINACH

PLACE
STICKER
HERE

PEACHES

PLACE
STICKER
HERE

CORN

SWEET POTATOES

PLACE
STICKER
HERE

PEARS

PLACE
STICKER
HERE

BLACKBERRIES

PLACE
STICKER
HERE

BEANS

PLACE
STICKER
HERE

LIMES

PLACE
STICKER
HERE



PLACE
STICKER
HERE

HONEYDEW

PLACE
STICKER
HERE

CAULIFLOWER

PLACE
STICKER
HERE

CABBAGE

PLACE
STICKER
HERE

GREEN ONION

PLACE
STICKER
HERE

PLUMS

CERTIFICATE OF ACHIEVEMENT

HAS FEARLESSLY TRIED 40 FRUITS
AND VEGETABLES





FIND MORE FRUITS
AND VEGETABLES AT
MARKETWAGON.COM



THE PRODUCE
MOMS[®]

AND LEARN HOW TO SELECT,
STORE AND SERVE THEM AT
THEPRODUCEMOMS.COM